

MENTAL HEALTH

Allegan County 2019 -2020 MiPHY

DEMOGRAPHICS



IN THE PAST 12 MONTHS...

I felt so sad or hopeless almost every day for two weeks or more in a row that I stopped doing some usual activities



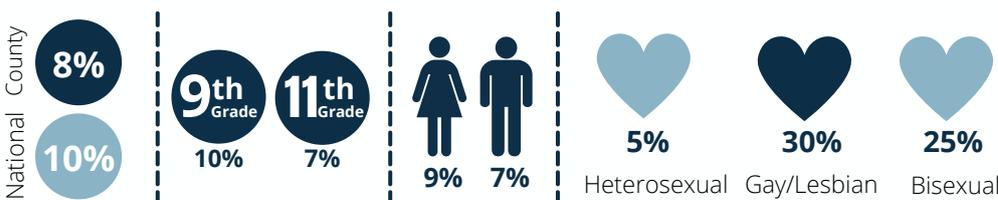
I seriously considered attempting suicide



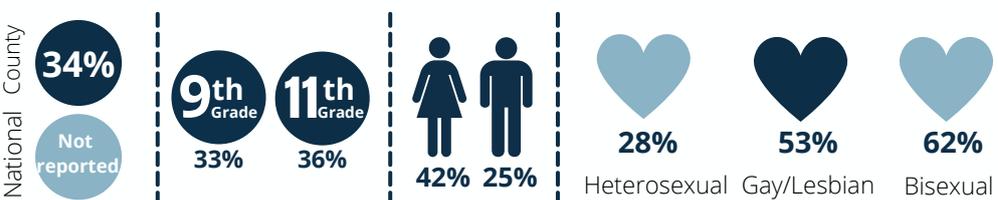
I made a plan about how I would attempt suicide



I actually attempted suicide one or more times



I have had 2 or more of the following things happen to me during my life: Death of a parent or care giver; Mental abuse; Physical abuse; Sexual abuse; Saw violence in home or neighborhood; Lived with person who had mental illness or attempted suicide; Lived with person who was an alcoholic or used drugs; Lived with person who went to jail or prison



Protective Factors

